

AUSTRALIAN INSTITUTE OF MANAGEMENT

Women's Career Coaching Program Cairns Intake

career advancement
professional development
personal growth

A career defining experience just for women

AIM Women's Career Coaching Program - Cairns Intake Commences July 2009

www.aimqld.com.au/coaching



The Program helped me gain a deeper understanding of myself and my managerial style. I gained confidence in my decision making abilities, as well as support in fine-tuning my vision for what I want to accomplish. Most importantly, I was given the time to focus on myself, and my goals, and encouraged to explore my strengths as a leader. It was a great experience!

Maren Strachan,
Director YWCA Brisbane

Busy women can't do it all. Develop the soft skills needed to achieve that elusive balance in your life and the hard skills needed to run a smarter, more efficient and satisfying business. I highly recommend AIM's Coaching Program for women.

Kathy Walker,
Walker Solicitors

WOMEN'S CAREER COACHING PROGRAM - A CAREER DEFINING EXPERIENCE JUST FOR WOMEN SINCE 2002

Become a happier, healthier, more balanced business woman

AIM's innovative Women's Career Coaching Program is designed for women in management or business who want a focused approach to developing their career. The Program is designed to accelerate women's careers or support them in a personal vision to attain a career goal. Offering the guidance of a coach, professional development sessions, workshops and peer support, alumni of this dynamic program have said it changed their lives.

The Program is ideally suited to women with a career in middle management, those new to senior positions, or business owners who want to better lead their teams. By examining personal direction, learning new skills, drawing on the experience of others and expanding personal connections, the Program helps women overcome the hurdles they face now, and throughout their careers, no matter what industry or specialist discipline they are from.

The Women's Career Coaching Program provides a range of professional development interactions over a three month period. Through insights gained from the coaching process, practical workshops and networking opportunities, participants in the Program achieve breakthrough results.

The Program combines individual profiling, personal development workshops, skills-based training and one-on-one coaching, to facilitate self directed change, transformation and personal and professional growth. The program includes:

- » **INDIVIDUAL CAREER CONSULTATION**
Individual needs profiling - New Directions career consultation
- » **PRACTICAL WORKSHOPS**
Three full-day interactive workshops targeting key areas for development
- » **ONE-ON-ONE COACHING**
Five one-on-one coaching sessions with a personality and skills matched coach, plus up to half an hour cumulative phone coaching per month
- » **NETWORKING**
Networking opportunities with like-minded peers from a range of backgrounds
- » **RESOURCE AND INTERNET ACCESS**
Borrowing rights to the AIM specialist library and access to an online resources via the hub

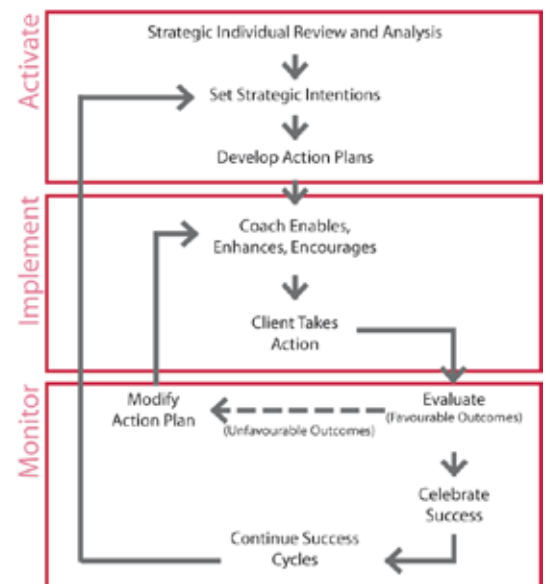
The AIM Coaching Model

Coaching is an essential personal and business building skill.

At the beginning of the Program you will undertake a one-on-one New Directions career consultation with AIM's Organisational Psychologist, ensuring an analysis and synthesis of personal experiences and preferences, contextual influences on decision making, and career and life options. This is used as the basis for goal setting, evaluation and coach matching.

AIM's Activate-Implement-Monitor Coaching Model follows a six step approach that clients find both empowering and developmental. AIM coaching will support you in discovering and reaching your full potential.

The AIM Coaching Model is drawn from the work of Dr Anthony Grant, Coaching Psychologist.





The Program

The schedule below is complemented by five one-on-one coaching sessions at times determined by you and your coach.

Career Consultation

PROGRAM COMMENCEMENT JULY 2009

A two hour personal Career Consultation with Gary Cox FAIM, AIM Organisational Psychologist.

The coach matching process occurs at this time based on the Organisational Psychologist's recommendation and your preference.

Workshop One

SATURDAY 8 AUGUST 2009

Full-day Seminar
10.00am to 4.00pm

Workshop Two

SATURDAY 5 SEPTEMBER 2009

Full-day Seminar
10.00am to 4.00pm

Workshop Three

SATURDAY 10 OCTOBER 2009

Full-day Seminar
10.00am to 4.00pm

Graduation

FRIDAY 6 NOVEMBER 2009

6.00pm to 8.00pm

This marks the end of the Program and celebrates your individual journey, and that of the achievements of the participants as a group.

NUMBERS CAPPED AT 12 PARTICIPANTS

Secure your place

PHONE

Call the AIM Career Centre on
(07) 3227 4807

FAX / MAIL

Complete the enrolment form
overleaf and return to AIM by
fax on (07) 3832 2497 or mail to
PO Box 200 Spring Hill 4004

Coaching Program Enrolment Form



Secure your place

PHONE: Call the Career Centre on (07) 3227 4807

FAX / MAIL: Complete the Enrolment Form and return to AIM by fax on (07) 3832 2497 or mail to PO Box 200 Spring Hill 4004 with payment.

Investment

Rate: \$3360

AIM Member Rate: \$3080

All prices include GST

Participant

TITLE (MISS/MS/MRS/DR/OTHER - PLEASE SPECIFY):

FIRST NAME: _____ LAST NAME: _____

POSITION: _____

ORGANISATION: _____

POSTAL ADDRESS: _____

SUBURB: _____ STATE: _____ POSTCODE: _____

(BUSINESS) PHONE: _____ MOBILE: _____

FACSIMILE: _____

(BUSINESS) EMAIL:* _____

AIM MEMBERSHIP: NON MEMBER PERSONAL MEMBER CORPORATE MEMBER

INDIVIDUAL NEEDS (EG. DIETARY, WHEELCHAIR ACCESS): _____

Authorising Officer (Enroler)

If you are enrolling yourself, please complete your details above and skip this step.

TITLE (MR/MRS/MS/DR/OTHER - PLEASE SPECIFY):

FIRST NAME: _____ LAST NAME: _____

POSITION: _____

(BUSINESS) PHONE: _____ FACSIMILE: _____

(BUSINESS) EMAIL:* _____

ORGANISATION NAME (REGISTERED): _____

ORGANISATION ADDRESS: _____

STATE: _____ POSTCODE: _____

PHONE (MAIN NO.): _____

Payment

Please tick and print all details clearly. Please make cheques and money orders payable to *AIM Qld & NT*.

PAYMENT AMOUNT: \$ _____ PAYMENT METHOD: Cheque Invoice Credit Card

CREDIT CARD TYPE: Diners Mastercard Visa American Express | ID: _____

CARD NUMBER: _____ EXPIRY DATE: _____

NAME ON CARD: _____

SIGNATURE: _____

* Please note that due to the nature of the Program, refunds will not be provided for individual components that are unattended

Privacy

* In providing your email address, AIM has assumed inferred consent to contact you about its products and services via commercial electronic messaging. We may use your Personal Information to tell you about our products and services and may disclose it to Approved Third Parties (see our Privacy Statement). If you would like further information on AIM's Privacy practices, or how to access your Personal Information, view our Privacy Statement at www.aimqld.com.au or contact our Privacy Officer on 1300 882 895 or by email at privacy@aimqld.com.au.